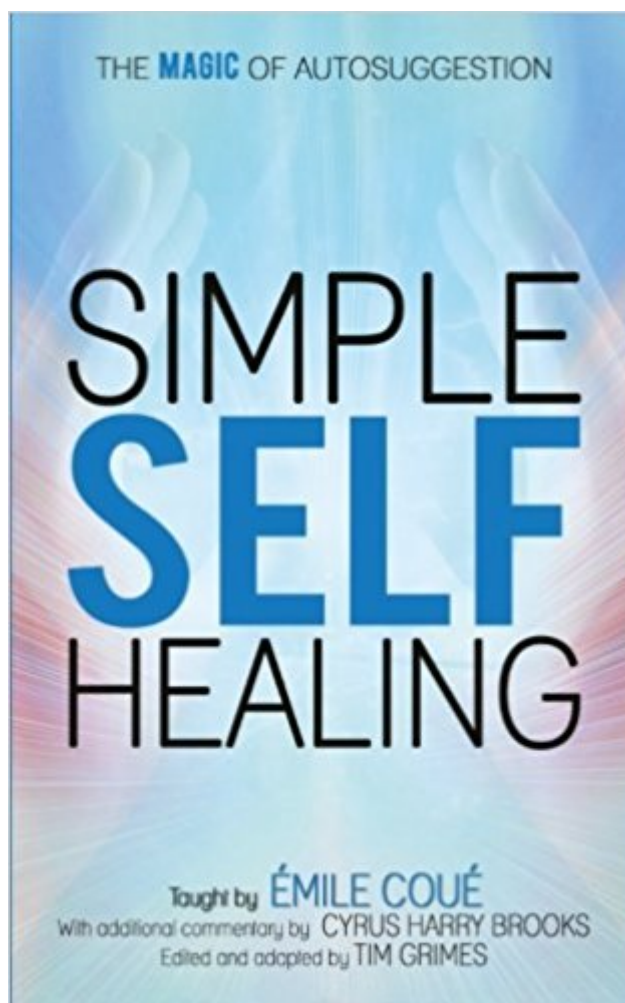


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# Simple Self-Healing: The Magic Of Autosuggestion



## Synopsis

Simple Self-Healing That Works... "The Wordsworth of healing." - Ella Boyce Kirk, author of *My Pilgrimage to Coué* "He succeeds in a simple way of stripping disease of its dignity." - George Draper, *Literary Digest* French psychologist Émile Coué was one of the more underappreciated geniuses of 20th century medicine. Almost a hundred years ago, Coué's popular self-healing method - which he called autosuggestion - helped cure thousands of people annually. Today, however, few people have ever even heard of him. This book introduces you to Coué's overlooked formula, and will surprise you in the process. If you grasp the simplicity of autosuggestion, you'll be able to use this wonderful tool as you wish - and it should help make your life "better and better." Get your copy now.

## Book Information

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"The Wordsworth of healing."-Ella Boyce Kirk, author of *My Pilgrimage to Coué* "You will love this unique man - unique by reason of his noble charity and his unselfish love of his brethren as Christ has taught it. And like myself, you will be healed physically, morally and mentally. Life will seem more worth living and altogether more beautiful. And that is surely worth trying for."-Marguerite Burnat-Provins, author of *Le Livre Pour Toi* "He succeeds in a simple way of stripping disease of its dignity."-George Draper, *Literary Digest* "The more one listens to Mr. Coué, the more one likes him, and the more his theories and methods exchange mystery for simplicity."-Robert Littell, *New Republic* "If every teacher had Mr. Coué's kindness,

charm, shrewdness, and simplicity, young people would go to school and college for the fun that they could get in their classrooms as well as on their playing fields."-Ernest Hamlin Abbott,Â The OutlookÂ "A man whose devotion is rivaled by his modesty."-Charles Baudouin, author ofÂ Suggestion and Autosuggestion

Using the technique daily, it feels very powerful, loved reading the book,AND it really is simple. Believing it will work and putting as much feeling as possible into the words will help tenfold. Great easy read, thank you

This extremely simple and effective technique is available to us all 24/7. No copays, no side effects! Everyone should know about these concepts and the power of our minds! Thank you for opening me up to these ideas. Great read!

I liked this book,it is repetitive,but not to the extent of boring,just drives home the important facts.I would read it again.

It was a very informative book. I will be using this method of autosuggestion as taught in the book. It can only help.

Inspiring, easy to read and practical. This is what I was looking for dealing with minor aches and pain brought on by age.

I am a true believer that we are what we think. We create what we fear. This book is definitely on point. If we believe we can't or can, we are correct. I am pro self healing....EVERY DAY IN EVERY WAY I AM GETTING BETTER AND BETTER.. a self healing phrase from the book. I highly recommend this book.

Love it! It is a blessing to be able to discover wonderful secrets and gifts we all have in us!

This little book is full of info about how the subconscious mind works to help or to harm our health. I am a Certified Hypnotist and I strongly recommend this book to friends and clients who want to understand the power of autosuggestion.

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